

First Aid for the Home Care Worker

Satellite Conference and Live Webcast

Tuesday, November 29, 2005

2:00-4:00 p.m. (Central Time)
3:00-5:00 p.m. (Eastern) • 1:00-3:00 p.m. (Mountain) • 12:00-2:00 p.m. (Pacific)

First aid is the care given to a casualty before a medical professional arrives. It can come from a home care worker, a member of the family, a friend, or a stranger who happens to be on the spot, but the help they give can literally mean the difference between life and death. As most people know, most accidents happen in the home. It takes only three to four minutes for a blocked airway to take someone's life, but it can take more than eight minutes for an ambulance to arrive on the scene.

Properly applied first aid can obviously save lives, reduce recovery time and quite possibly mean the difference between temporary disability or lifelong disability for the victim.

The purpose of this program is to teach the Home Health Aides and Home Attendants how to recognize, evaluate and treat victims of accidents and sudden illnesses. Topics covered include: airway and breathing difficulty; seizures; environmental concerns; falls; types and treatment of burns; injured extremities; bleeding and accident prevention.

Faculty

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Objectives:

1. Identify an emergency or an immediate threat to life and know how to respond with first aid care.
 2. Be able to list the steps of care for a minor to moderate burn.
 3. Identify the health risks of a victim who has fallen.
 4. List the steps of treating a painful or deformed extremity.
 5. List the steps to control external bleeding.
 6. Identify methods of preventing accidents.
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A FEW FIRST AID MISCONCEPTIONS:

1. **You should put butter or cream on a burn . . .**
The only thing you should put on a burn is water. Keep the butter for cooking!
 2. **Nose bleeds are best treated by putting the head back . . .**
If you put the head back for a nose bleed, all the blood will go down the back of the airway.
 3. **If someone has swallowed a poison you should make them sick . . .**
If you make someone sick by putting your fingers in their mouth, the vomit may block the airway.
 4. **You need lots of expensive equipment to do first aid . . .**
You don't need any equipment to do first aid. For instance, a clean handkerchief will make a good dressing.
 5. **To do first aid you need lots of training . . .**
You don't. What you mostly need is common sense. You can learn enough first aid in 10 minutes to save a life.
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Conference Details:

Target Audience: Home Health Aides and Home Attendants. Registration: www.adph.org/alphntn

Cost: There is no cost to view. CEUs: None offered for this conference.

Satellite Technical Information: This program will be a live satellite broadcast on both Ku & C bands. You will need a satellite downlink system to view this program.

Webcast Information: To view this webcast, you will need to register, www.adph.org/alphntn. To be able to view this program, you will need RealPlayer or Windows Media Player. This program will also be available as an on-demand webcast approximately two days after the live satellite broadcast.

Questions: If you have questions that you want addressed during the conference, you may fax or email those questions and a response will be given during the program. Email: alphntnquestions@adph.state.al.us or Fax: 888-737-1972.

If you have questions about any of these conference details, call 334-206-5618 or email alphntn@adph.state.al.us